

Wed 2-13-13

decisions — out of emotion
We need 51 to 60% of our decisions to be correct.

5 little decisions you make everyday that affect our life.

fuzziness
Poor attitude
Anger
Speeding
gossip
driving while texting or dialing etc.,

} all these habits become life changing

Where you are now is directly by a decision you made once in your life.

Everything you do affect other people and maybe future generations.

change the little things that cause you a bad attitude.

Curriculum; cover the material which is part of stripping —

(sparring etc...)
sparring: don't let them jump around

Basis; fix the stances!!
don't wait later.

Next month: competitions. Our kids have to look like they can punch!

Self defense needs to be done right!

3-SUBJECT NOTEBOOK 4, PAGE 151

Team names - use now
gladiator - spartan - titanic -

