

Wednesday, February 22, 2012

Cash goals → \$5000 per week. How much did you actually ask for? Only 20% will pay in full from who you ask. Sell gear packages to everyone! Offer gear package to everyone.

Use right to promote for students so you can also get up show/teel.

Roland Osborne "show/teel" move - Champion for life - Attitude - Belief - Concentration

3 different demos through the year to sell them up. "Call & response" best for class too.

Dynamic Testing:

1. Change the venue. (decorate - wear your blues - dynamic different music)
2. Dynamic demo (instructor should be part of it.)
3. Discount & packages.

Fast flyer to school for \$69 -

Next ones will be Summer Camp & after school.

5 Keys To the diet for fitness

1. Follow the plan
2. Make your metabolism efficient
3. Supplements!
4. low caloric intake
5. Whey protein
6. Before & after pictures - use warrior

Teach them to use the xfit site better.

Goals you are personally working on.
Taekwon Do - fitness + etc.