

Monday, July 22, 2013

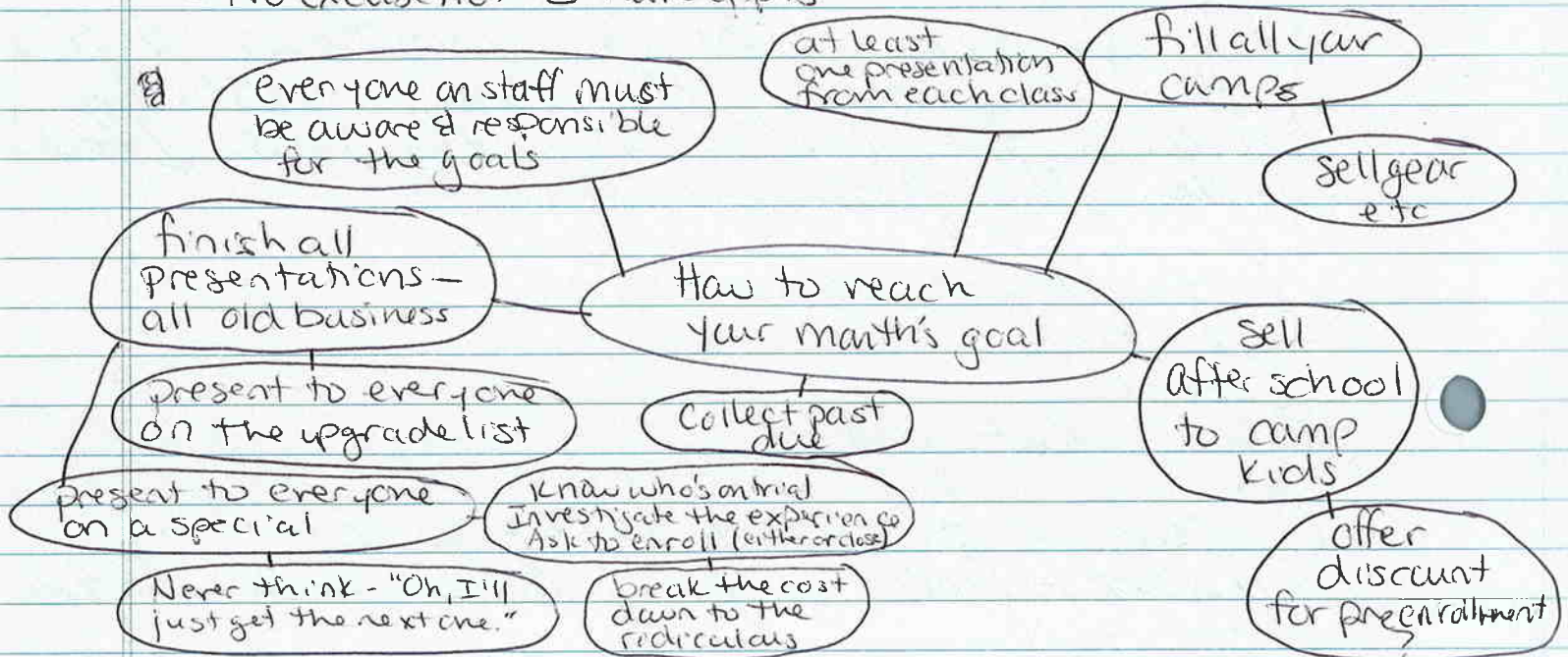
Where is your personal production?
Are you on track for your goal? 9 days remaining

If you never ask someone to pay money, you'll never get any money.

- Do you have appts every day?

★ (Bring your RedBook to the meetings)

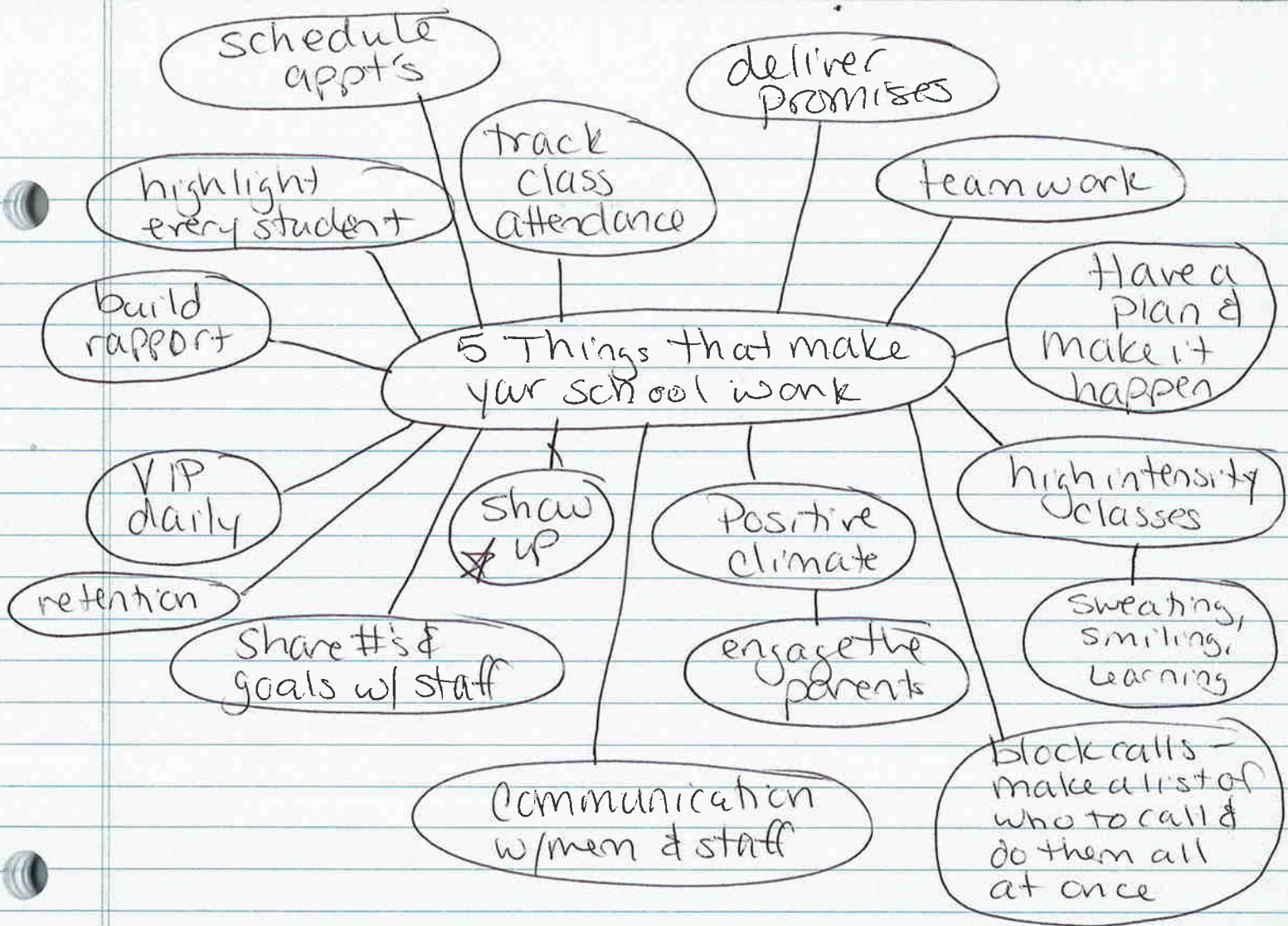
- No excuse not to have appts



Use the word bootcamp for fitness activities

Integrate martial arts into the boot camps - our boot camps should be unique from everyone else's, not just more of the same exercises

Schedule - Basic class then LP, then advanced
So students can take 2 classes in a row



ATA - Always Take Action
 Establish habits by doing them at least 21 days in a row.