

Monday, August 13, 2012

Protech camp - introduction of double stick sparring

- practice basics w/ all students

- It is becoming widely popular - quickly

- Chi - internal energy - a master at protech camp taught that
• 'When you can't do anymore, what you do after that is what develops your chi; makes you stronger'
• Only the people who beat their own records become truly successful (business, personal, TKD, etc)
• You're always going up or down, getting better or worse

My goal for the month is _____.

I am at _____ currently.

Are you half way to your goal yet? (We are about half way thru the month.)

Hand out Black Belt Midterms sheet

ATA is going to have an Olympic development team.

Watch DBME video of Master G K Lee

Gimenez

"I want to visit at least one class this week."

"Who wants me to teach a class w/ you and all your classmates?"

"Who has good grades?" "Parents, who would like me to visit your child's school to promote good grades?"

Use graduation ^(intent to promote) permission form to promote show & tells

(Adults - suggest a seminar at their work place)

"Whoever gets your intent to promote form back to me 1st we'll schedule a lesson at your school."



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bookmark



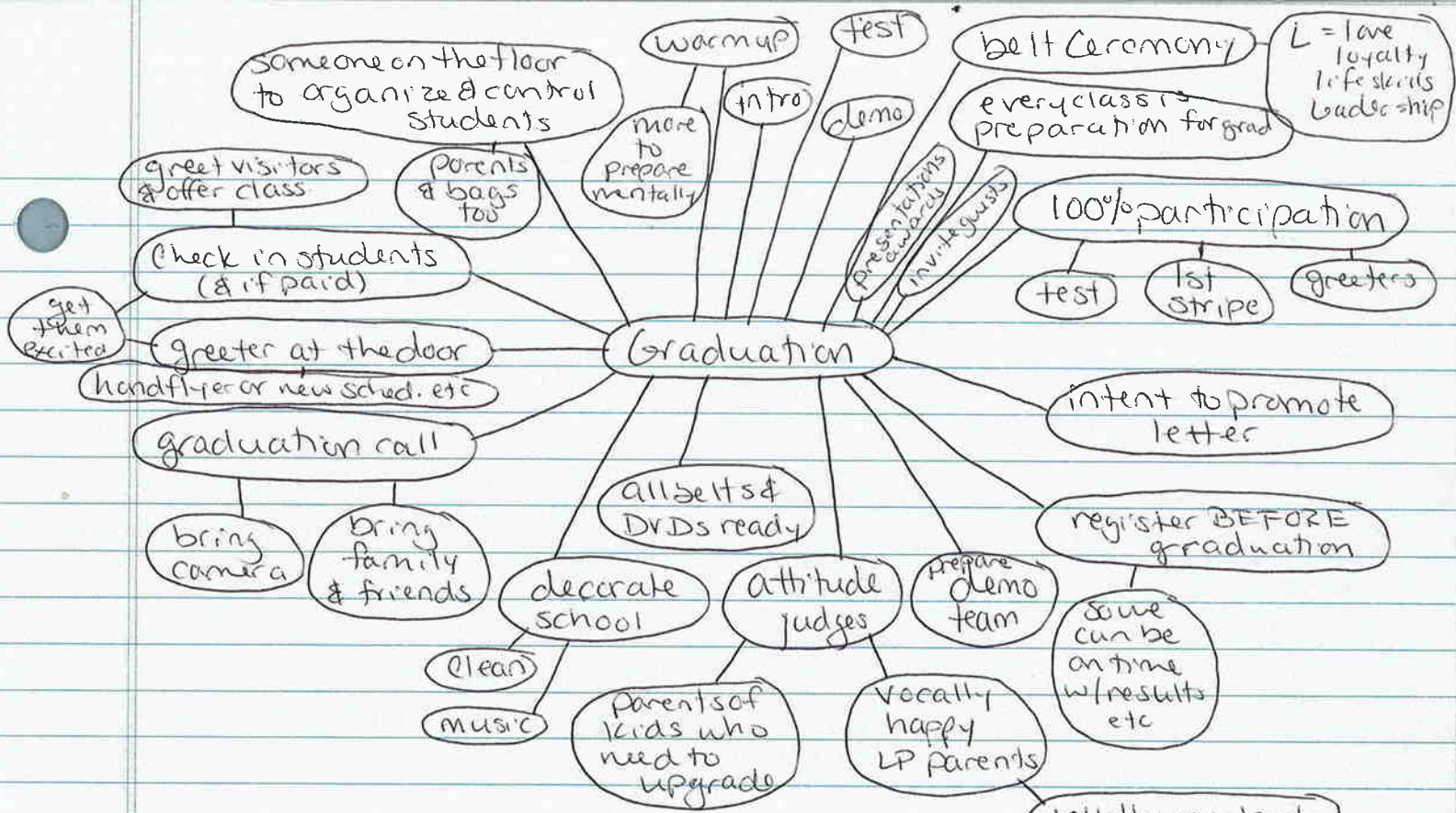
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White belt - courage (takes courage to start something new)
BB - perseverance
3rd Degree - success

Goal for Graduation - cash, levels, new, etc
Fill out test results & turn in the Monday after grad.

Practice everything for grad beforehand

School Hours

M & W open at 2:00, close at 9:00 + meeting at 9:00am
T & Th, F 11:00 - 9:00 (should have KB in morning)
Sat 9:00 - 12:00 + BDay parties

Master Gimenez will be checking that the schools are open.

Roleplay Setting the Appt (upgrade)

- Keep the mentality that everyone will sign
- Even people w/ no money will pay - if the training is valuable enough
- Everyone should be able to do presentations



Wed Aug 15, 2012

Classes - JCB program

KM - Kickboxing - TKD -
KM can not be taught like TKD
it's very different & KM doesn't
have to be technically perfect,
Tae Kwon Do does.

In TKD we want people to
stand up and express themselves.

Each program has its own purpose!

Follow the plan exactly!

- Kickboxing needs to be fun. Smile -
- KM: serious - intense - serious -
Sometimes turn it down - language
for older people.

Drive 30 people per day to
your website → only 2 out of 30
will buy - simulators (self defense) but
everything else different.

No instructor should be in office
alone with under 18!! Ever!

Do NOT shut door -
need 2 adults with you in
room with youth -

Testing!! Here at HQ 2 weeks
not later! OR Penalty -
use ATA forms!



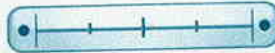
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