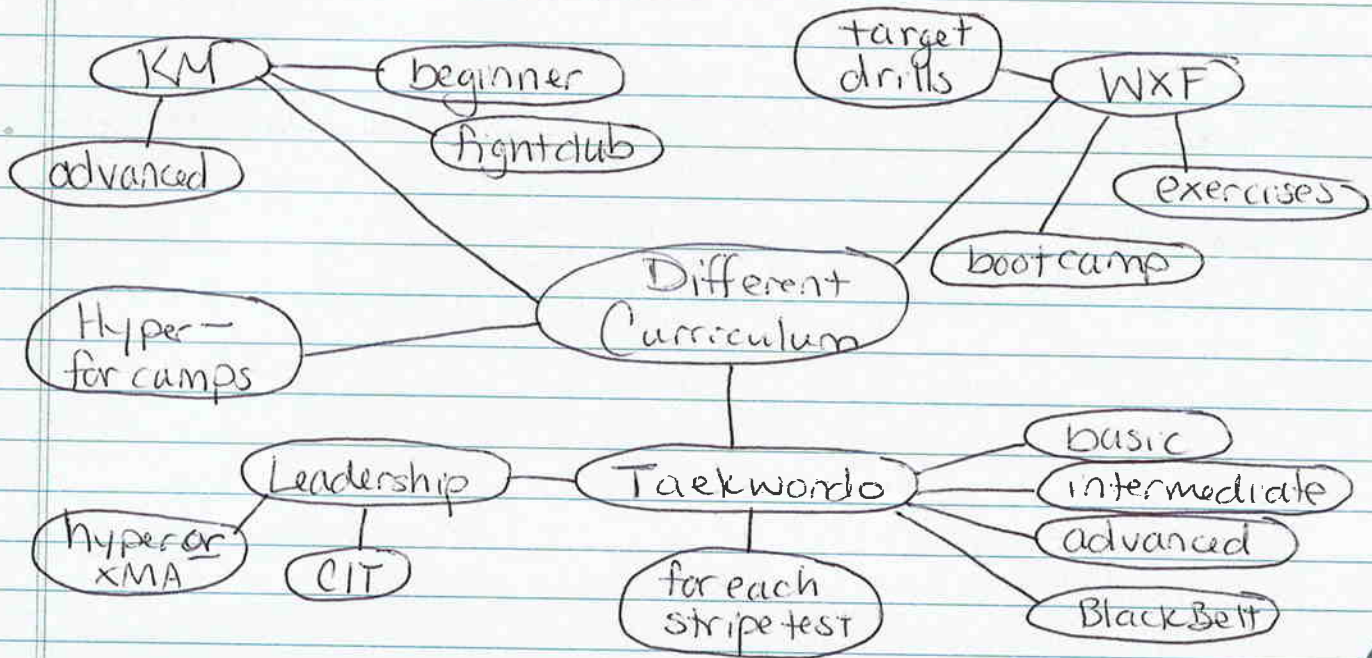


Monday, August 5, 2013

Start selling camps for next summer now
Schedule instructors to teach



Our schools cannot teach flips & tricks. The instructors do not have the certification.

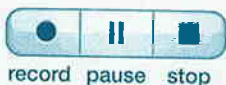
- If your students want to learn, they must go to gymnastics class.
- Or bring in a certified gymnastics teacher (who carries their own Liability insurance)

Nationals coming up - build the "champion spirit" in your school.

Not everyone has to go, but they should feel like a part of it.

People who are going - get them ready w/ special workout or paid private lessons.

- Have the parents judge the practice sparring - so they understand how hard it can be.
- train parents & students how to behave



record pause stop



jump



bookmark



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playback speed



volume

Have separate Black Belt classes in your school.

- All high rank students should do BB testing prep. classes
- All black belts should participate in BB test - even if they're injured (they can judge)

What are you willing to fight for?

- Know ahead of time what risks you're willing to take, so you don't have to make the decision in the heat of the moment.
- Lateral neck restraints are illegal for FL police to use - it's too easy to cause brain damage or worse.
- home invasion = full attack
- control your ego. Use your calm rational thought NOW to decide what is appropriate.

Make every class an event

- one idea: make a video of class (cool clip) & post online clip of something dynamic
- arrange the room differently
- guest instructor
- bounce house
- apple Monday
- team curriculum
- photoshoot
- obstacle course
- learn the history
- something fun & advanced
- think of unique descriptions & stories.
- Find everyone's hot buttons - retention & upgrade



3-SUBJECT NOTEBOOK 1: PAGE 27



record pause stop



jump



bookmark



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playback speed



volume

