

MASS-Training



TEACHING SKILLS

ATTRIBUTES

1. POWER
2. TIMING
3. PROPER TECHNIQUE
4. SPEED
5. BALANCE
6. EYE CONTACT
7. FOCUS
8. RHYTHM & MOVEMENT
9. MEMORIZATION
10. BLACK BELT/
INSTRUCTOR ATTITUDE

INSTRUCTOR POINTS

1. FLOOR PLAN
2. SET POINT
3. BLACK BELT /
INSTRUCTOR A MINUTE
4. ZERO DOWN TIME
5. PACE AND PEAK,
COACHING
6. VERBALIZE
EXPECTATIONS
7. PRAISE-CORRECT-PRAISE
8. CORRECTIVE FEEDBACK
9. LESSON OF THE MONTH,
MENTAL BENEFITS
10. AWARDS AND
ANNOUNCEMENTS

CLASS STRUCTURE

1. DOTS ON FLOOR
2. BOW ON MAT SAYING
THE LESSON OF THE
MONTH
3. LINE UP BY HEIGHT
4. UNIFORM INSPECTION
5. BOW TO PARENTS
6. RECITE CORRECT OATH
7. COLLECT CARDS
8. SET POINT
9. MOVE ON COMMAND
10. STUDENTS TURN TO
RIGHT

RAPPORT BUILDING

STUDENTS

1. NAME
2. TOUCH
3. EYE CONTACT
4. PRAISING CLASS
5. EXAMPLES
6. PERSONAL STORIES
7. REWARDS
8. SMILES
9. GOOD JOB NOTES
10. TALKS

PARENTS

1. NAME
2. PERMISSION
3. TARGETS
4. SELF DEFENSE
5. JUDGE
6. LESSON
7. UNIFORM
8. SMILES
9. GOOD JOB NOTES
10. CONFERENCE